

CERTIFICATE

OF ACHIEVEMENT

Abdur Rahman Bin Azmi

BIB NO. B402610

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4532/4782

Category: 3720/3923

Gender (Overall): 3720/3923

FINISH TIME

Gun Time: 7:29:15

Net Time: 7:08:35

Pace: 10:11

Speed: 5.8

SPLIT TIME

KM5.0: 39:13

KM10.0: 1:21:21

KM15.0: 2:06:32

KM20.0: 2:57:09

KM25.0: 3:52:13

KM30.0: 4:59:56

KM35.0: 5:52:47

KM40.0: 6:44:51



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

