

CERTIFICATE

OF ACHIEVEMENT

Crystal Kwong

BIB NO. B402747

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1911/4782

Category: 186/688

Gender (Overall): 186/688

FINISH TIME

Gun Time: 5:53:25

Net Time: 5:33:25

Pace: 7:55

Speed: 7.5

SPLIT TIME

KM5.0: 34:37

KM10.0: 1:10:39

KM15.0: 1:49:54

KM20.0: 2:31:53

KM25.0: 3:12:21

KM30.0: 3:54:22

KM35.0: 4:35:44

KM40.0: 5:12:52



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

