

CERTIFICATE

OF ACHIEVEMENT

Mohamad Syazwan Bin Ishak

BIB NO. B402786

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4780/4782

Category: 3922/3923

Gender (Overall): 3922/3923

FINISH TIME

Gun Time: 8:25:03

Net Time: 8:04:26

Pace: 11:30

Speed: 5.2

SPLIT TIME

KM5.0: 50:00

KM10.0: 1:39:16

KM15.0: 2:31:44

KM20.0: 3:25:07

KM25.0: 4:15:11

KM30.0: 5:05:15

KM35.0: 6:05:53

KM40.0: 7:25:05



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

