

CERTIFICATE

OF ACHIEVEMENT

Lau Jing Chung

BIB NO. B402954

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1682/4782

Category: 1416/3923

Gender (Overall): 1416/3923

FINISH TIME

Gun Time: 5:45:23

Net Time: 5:23:09

Pace: 7:40

Speed: 7.8

SPLIT TIME

KM5.0: 37:06

KM10.0: 1:12:02

KM15.0: 1:48:52

KM20.0: 2:30:10

KM25.0: 3:08:36

KM30.0: 3:45:45

KM35.0: 4:24:14

KM40.0: 5:01:59



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

