

CERTIFICATE

OF ACHIEVEMENT

Mohamad Helmi Bin Mohamad Hassan

BIB NO. B403127

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4137/4782

Category: 3419/3923

Gender (Overall): 3419/3923

FINISH TIME

Gun Time: 7:17:38

Net Time: 6:54:53

Pace: 9:51

Speed: 6.0

SPLIT TIME

KM5.0: 42:44

KM10.0: 1:20:09

KM15.0: 1:57:56

KM20.0: 2:44:34

KM25.0: 3:36:57

KM30.0: 4:32:47

KM35.0: 5:33:45

KM40.0: 6:27:14



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

