

CERTIFICATE

OF ACHIEVEMENT

Muhammad Firdaus Bin Zainal Abidin

BIB NO. B403181

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2389/4782

Category: 2000/3923

Gender (Overall): 2000/3923

FINISH TIME

Gun Time: 6:11:49

Net Time: 5:51:16

Pace: 8:21

Speed: 7.1

SPLIT TIME

KM5.0: 37:50

KM10.0: 1:16:27

KM15.0: 1:56:19

KM20.0: 2:36:20

KM25.0: 3:17:30

KM30.0: 4:03:22

KM35.0: 4:51:25

KM40.0: 5:32:00



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

