

CERTIFICATE

OF ACHIEVEMENT

Nur Abidah Binti Bistamam

BIB NO. B403184

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4279/4782

Category: 583/688

Gender (Overall): 583/688

FINISH TIME

Gun Time: 7:21:59

Net Time: 7:00:39

Pace: 9:59

Speed: 6.0

SPLIT TIME

KM5.0: 37:00

KM10.0: 1:14:03

KM15.0: 2:03:02

KM20.0: 3:01:56

KM25.0: 4:00:19

KM30.0: 4:59:57

KM35.0: 5:51:38

KM40.0: 6:38:48



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

