

CERTIFICATE

OF ACHIEVEMENT

Shahrol Niza Abd Wahid

BIB NO. B403214

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3491/4782

Category: 2900/3923

Gender (Overall): 2900/3923

FINISH TIME

Gun Time: 6:52:39

Net Time: 6:31:30

Pace: 9:18

Speed: 6.4

SPLIT TIME

KM5.0: 38:49

KM10.0: 1:14:11

KM15.0: 1:53:30

KM20.0: 2:35:03

KM25.0: 3:18:48

KM30.0: 4:05:41

KM35.0: 5:16:00

KM40.0: 6:05:42



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

