

CERTIFICATE

OF ACHIEVEMENT

Shamsudin Esa

BIB NO. B403258

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2782/4782

Category: 2323/3923

Gender (Overall): 2323/3923

FINISH TIME

Gun Time: 6:25:50

Net Time: 6:05:19

Pace: 8:41

Speed: 6.9

SPLIT TIME

KM5.0: 37:16

KM10.0: 1:16:41

KM15.0: 1:55:21

KM20.0: 2:33:56

KM25.0: 3:12:09

KM30.0: 3:57:44

KM35.0: 4:54:05

KM40.0: 5:40:43



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

