

CERTIFICATE

OF ACHIEVEMENT

Muhammad Nabil Bin Ruslan

BIB NO. B403303

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4276/4782

Category: 3528/3923

Gender (Overall): 3528/3923

FINISH TIME

Gun Time: 7:24:24

Net Time: 7:00:26

Pace: 9:59

Speed: 6.0

SPLIT TIME

KM5.0: 44:18

KM10.0: 1:28:23

KM15.0: 2:14:57

KM20.0: 3:02:18

KM25.0: 3:47:38

KM30.0: 4:39:58

KM35.0: 5:41:31

KM40.0: 6:34:37



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

