

CERTIFICATE

OF ACHIEVEMENT

Ng Yoke Lai

BIB NO. B403315

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2217/4782

Category: 236/688

Gender (Overall): 236/688

FINISH TIME

Gun Time: 6:06:14

Net Time: 5:45:26

Pace: 8:12

Speed: 7.3

SPLIT TIME

KM5.0: 38:47

KM10.0: 1:19:56

KM15.0: 1:51:36

KM20.0: 2:30:55

KM25.0: 3:10:52

KM30.0: 3:52:04

KM35.0: 4:38:51

KM40.0: 5:23:12



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

