

CERTIFICATE

OF ACHIEVEMENT

Mohamad Rashwan Shah Bin Mohamad Rom

BIB NO. B403330

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4528/4782

Category: 3717/3923

Gender (Overall): 3717/3923

FINISH TIME

Gun Time: 7:31:31

Net Time: 7:08:30

Pace: 10:11

Speed: 5.8

SPLIT TIME

KM5.0: 39:41

KM10.0: 1:20:51

KM15.0: 2:08:35

KM20.0: 2:52:55

KM25.0: 3:43:32

KM30.0: 4:44:12

KM35.0: 5:44:26

KM40.0: 6:41:56



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

