

CERTIFICATE

OF ACHIEVEMENT

Farid Firdaus

BIB NO. B403367

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2951/4782

Category: 2461/3923

Gender (Overall): 2461/3923

FINISH TIME

Gun Time: 6:32:29

Net Time: 6:12:09

Pace: 8:50

Speed: 6.7

SPLIT TIME

KM5.0: 38:50

KM10.0: 1:19:02

KM15.0: 2:02:55

KM20.0: 2:47:29

KM25.0: 3:28:57

KM30.0: 4:13:12

KM35.0: 5:04:51

KM40.0: 5:51:51



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

