

CERTIFICATE

OF ACHIEVEMENT

Mohd Firdaus Bin Ahmad

BIB NO. B403438

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1526/4782

Category: 1278/3923

Gender (Overall): 1278/3923

FINISH TIME

Gun Time: 5:37:29

Net Time: 5:16:53

Pace: 7:31

Speed: 7.9

SPLIT TIME

KM5.0: 31:34

KM10.0: 1:02:48

KM15.0: 1:35:05

KM20.0: 2:07:45

KM25.0: 2:40:27

KM30.0: 3:19:26

KM35.0: 4:25:31

KM40.0: 4:58:42



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

