

CERTIFICATE

OF ACHIEVEMENT

Mohamad Firdaus Bin Roslan

BIB NO. B403445

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1708/4782

Category: 1435/3923

Gender (Overall): 1435/3923

FINISH TIME

Gun Time: 5:45:02

Net Time: 5:24:23

Pace: 7:42

Speed: 7.7

SPLIT TIME

KM5.0: 33:38

KM10.0: 1:05:18

KM15.0: 1:36:08

KM20.0: 2:07:40

KM25.0: 2:41:05

KM30.0: 3:25:06

KM35.0: 4:17:07

KM40.0: 5:03:53



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

