

CERTIFICATE

OF ACHIEVEMENT

Hanif Lumak

BIB NO. B403483

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4623/4782

Category: 3791/3923

Gender (Overall): 3791/3923

FINISH TIME

Gun Time: 7:32:46

Net Time: 7:11:49

Pace: 10:15

Speed: 5.8

SPLIT TIME

KM5.0: 35:19

KM10.0: 1:10:48

KM15.0: 1:53:26

KM20.0: 2:40:27

KM25.0: 3:38:00

KM30.0: 4:41:03

KM35.0: 5:44:21

KM40.0: 6:44:22



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

