

CERTIFICATE

OF ACHIEVEMENT

Jose Rico Inocencio Lacia

BIB NO. B403570

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4190/4782

Category: 3462/3923

Gender (Overall): 3462/3923

FINISH TIME

Gun Time: 7:19:30

Net Time: 6:56:50

Pace: 9:54

Speed: 6.0

SPLIT TIME

KM5.0: 42:31

KM10.0: 1:25:28

KM15.0: 2:14:10

KM20.0: 3:04:15

KM25.0: 3:55:10

KM30.0: 4:48:46

KM35.0: 5:40:27

KM40.0: 6:32:53



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

