

CERTIFICATE

OF ACHIEVEMENT

John Teaw Khin Tiong

BIB NO. B403615

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2014/4782

Category: 1691/3923

Gender (Overall): 1691/3923

FINISH TIME

Gun Time: 5:58:25

Net Time: 5:37:51

Pace: 8:01

Speed: 7.4

SPLIT TIME

KM5.0: 35:01

KM10.0: 1:07:49

KM15.0: 1:41:16

KM20.0: 2:16:06

KM25.0: 2:51:29

KM30.0: 3:31:36

KM35.0: 4:22:12

KM40.0: 5:10:28



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

