

CERTIFICATE

OF ACHIEVEMENT

Azfar Azlal

BIB NO. B403718

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4535/4782

Category: 3723/3923

Gender (Overall): 3723/3923

FINISH TIME

Gun Time: 7:30:12

Net Time: 7:08:38

Pace: 10:11

Speed: 5.8

SPLIT TIME

KM5.0: 42:48

KM10.0: 1:27:18

KM15.0: 2:14:32

KM20.0: 3:03:28

KM25.0: 3:51:48

KM30.0: 4:45:35

KM35.0: 5:47:34

KM40.0: 6:43:41



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

