

CERTIFICATE

OF ACHIEVEMENT

Ong Chai Fook

BIB NO. B403752

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2278/4782

Category: 1907/3923

Gender (Overall): 1907/3923

FINISH TIME

Gun Time: 6:11:08

Net Time: 5:48:17

Pace: 8:16

Speed: 7.2

SPLIT TIME

KM5.0: 37:54

KM10.0: 1:14:57

KM15.0: 1:53:48

KM20.0: 2:35:50

KM25.0: 3:16:28

KM30.0: 4:00:03

KM35.0: 4:44:46

KM40.0: 5:26:55



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

