

CERTIFICATE

OF ACHIEVEMENT

Muhammad Akmal Arif Bin Rahmat

BIB NO. B403784

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4348/4782

Category: 3579/3923

Gender (Overall): 3579/3923

FINISH TIME

Gun Time: 7:25:43

Net Time: 7:02:56

Pace: 10:03

Speed: 5.9

SPLIT TIME

KM5.0: 41:10

KM10.0: 1:22:59

KM15.0: 2:04:55

KM20.0: 2:47:55

KM25.0: 3:34:26

KM30.0: 4:31:26

KM35.0: 5:34:08

KM40.0: 6:33:19



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

