

CERTIFICATE

OF ACHIEVEMENT

Fong Thai Heng

BIB NO. B403841

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4685/4782

Category: 3847/3923

Gender (Overall): 3847/3923

FINISH TIME

Gun Time: 7:42:16

Net Time: 7:20:55

Pace: 10:28

Speed: 5.7

SPLIT TIME

KM5.0: 37:51

KM10.0: 1:38:15

KM15.0: 2:24:43

KM20.0: 3:23:39

KM25.0: 4:13:20

KM30.0: 5:03:01

KM35.0: 5:54:50

KM40.0: 6:46:41



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

