

CERTIFICATE

OF ACHIEVEMENT

Goh Ah Foong

BIB NO. C404010

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2280/4782

Category: 1909/3923

Gender (Overall): 1909/3923

FINISH TIME

Gun Time: 6:10:56

Net Time: 5:48:23

Pace: 8:16

Speed: 7.2

SPLIT TIME

KM5.0: 34:01

KM10.0: 1:07:03

KM15.0: 1:41:40

KM20.0: 2:16:42

KM25.0: 2:58:47

KM30.0: 3:43:46

KM35.0: 4:36:20

KM40.0: 5:25:01



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

