

CERTIFICATE

OF ACHIEVEMENT

Safwan Shahir

BIB NO. C404014

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4204/4782

Category: 3471/3923

Gender (Overall): 3471/3923

FINISH TIME

Gun Time: 7:19:05

Net Time: 6:57:20

Pace: 9:55

Speed: 6.0

SPLIT TIME

KM5.0: 47:01

KM10.0: 1:32:22

KM15.0: 2:20:49

KM20.0: 3:09:46

KM25.0: 3:57:56

KM30.0: 4:49:05

KM35.0: 5:40:45

KM40.0: 6:29:54



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

