

CERTIFICATE

OF ACHIEVEMENT

Mohd Aliffriwan Bin Manja

BIB NO. C404028

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4096/4782

Category: 3390/3923

Gender (Overall): 3390/3923

FINISH TIME

Gun Time: 7:15:49

Net Time: 6:53:46

Pace: 9:50

Speed: 6.1

SPLIT TIME

KM5.0: 38:53

KM10.0: 1:18:25

KM15.0: 1:59:52

KM20.0: 2:48:04

KM25.0: 3:44:01

KM30.0: 4:50:19

KM35.0: 5:44:59

KM40.0: 6:30:26



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

