

CERTIFICATE

OF ACHIEVEMENT

Tong Yee Chow

BIB NO. C404030

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3428/4782

Category: 2853/3923

Gender (Overall): 2853/3923

FINISH TIME

Gun Time: 6:53:38

Net Time: 6:29:21

Pace: 9:15

Speed: 6.4

SPLIT TIME

KM5.0: 43:02

KM10.0: 1:28:46

KM15.0: 2:03:57

KM20.0: 2:47:56

KM25.0: 3:32:12

KM30.0: 4:23:37

KM35.0: 5:14:10

KM40.0: 6:03:41



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

