

CERTIFICATE

OF ACHIEVEMENT

Arif Safwan

BIB NO. C404210

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2527/4782

Category: 2108/3923

Gender (Overall): 2108/3923

FINISH TIME

Gun Time: 6:17:35

Net Time: 5:55:08

Pace: 8:26

Speed: 7.1

SPLIT TIME

KM5.0: 35:55

KM10.0: 1:09:31

KM15.0: 1:45:57

KM20.0: 2:24:55

KM25.0: 3:07:59

KM30.0: 3:50:55

KM35.0: 4:45:49

KM40.0: 5:31:49



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

