

CERTIFICATE

OF ACHIEVEMENT

Lai Yung Meng

BIB NO. C404243

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3213/4782

Category: 2679/3923

Gender (Overall): 2679/3923

FINISH TIME

Gun Time: 6:44:44

Net Time: 6:22:58

Pace: 9:06

Speed: 6.5

SPLIT TIME

KM5.0: 35:20

KM10.0: 1:10:10

KM15.0: 1:49:29

KM20.0: 2:36:16

KM25.0: 3:29:26

KM30.0: 4:25:39

KM35.0: 5:15:57

KM40.0: 6:00:19



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

