

CERTIFICATE

OF ACHIEVEMENT

Muhammad Firdaus Bin Rasid

BIB NO. C404249

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1924/4782

Category: 1616/3923

Gender (Overall): 1616/3923

FINISH TIME

Gun Time: 5:55:23

Net Time: 5:33:43

Pace: 7:55

Speed: 7.5

SPLIT TIME

KM5.0: 28:58

KM10.0: 56:39

KM15.0: 1:29:51

KM20.0: 2:04:12

KM25.0: 2:40:39

KM30.0: 3:19:27

KM35.0: 4:06:07

KM40.0: 5:05:23



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

