

CERTIFICATE

OF ACHIEVEMENT

Lok Kian Haur

BIB NO. C404388

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3465/4782

Category: 2880/3923

Gender (Overall): 2880/3923

FINISH TIME

Gun Time: 6:53:52

Net Time: 6:30:36

Pace: 9:17

Speed: 6.4

SPLIT TIME

KM5.0: 40:43

KM10.0: 1:29:52

KM15.0: 2:07:41

KM20.0: 2:53:53

KM25.0: 3:37:55

KM30.0: 4:22:05

KM35.0: 5:10:52

KM40.0: 6:03:31



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

