

CERTIFICATE

OF ACHIEVEMENT

Al-Mukmin Bin Albar

BIB NO. C404407

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4761/4782

Category: 3910/3923

Gender (Overall): 3910/3923

FINISH TIME

Gun Time: 8:13:16

Net Time: 7:50:12

Pace: 11:10

Speed: 5.3

SPLIT TIME

KM5.0: 49:24

KM10.0: 1:38:04

KM15.0: 2:32:04

KM20.0: 3:29:59

KM25.0: 4:27:42

KM30.0: 5:25:19

KM35.0: 6:19:30

KM40.0: 7:16:58



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

