

CERTIFICATE

OF ACHIEVEMENT

Abdul Malek Abdullah

BIB NO. C404708

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3775/4782

Category: 3130/3923

Gender (Overall): 3130/3923

FINISH TIME

Gun Time: 7:03:56

Net Time: 6:41:47

Pace: 9:33

Speed: 6.2

SPLIT TIME

KM5.0: 36:12

KM10.0: 1:13:16

KM15.0: 1:54:38

KM20.0: 2:47:18

KM25.0: 3:34:47

KM30.0: 4:37:25

KM35.0: 5:26:51

KM40.0: 6:15:23



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

