

CERTIFICATE

OF ACHIEVEMENT

Muhammad Farid Bin Misnan

BIB NO. C404742

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4430/4782

Category: 3637/3923

Gender (Overall): 3637/3923

FINISH TIME

Gun Time: 7:29:43

Net Time: 7:05:29

Pace: 10:06

Speed: 5.9

SPLIT TIME

KM5.0: 53:41

KM10.0: 1:36:04

KM15.0: 2:20:58

KM20.0: 3:07:20

KM25.0: 3:55:24

KM30.0: 5:02:24

KM35.0: 5:51:13

KM40.0: 6:40:51



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

