

CERTIFICATE

OF ACHIEVEMENT

Ho Wei Lung

BIB NO. C404855

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4448/4782

Category: 3649/3923

Gender (Overall): 3649/3923

FINISH TIME

Gun Time: 7:27:57

Net Time: 7:06:20

Pace: 10:08

Speed: 5.9

SPLIT TIME

KM5.0: 43:45

KM10.0: 1:38:24

KM15.0: 2:20:27

KM20.0: 3:17:03

KM25.0: 4:09:04

KM30.0: 5:01:05

KM35.0: 5:51:11

KM40.0: 6:40:55



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

