

CERTIFICATE

OF ACHIEVEMENT

Fritz Lai

BIB NO. C404906

CATEGORY 42KM Overall International

RANKING

Distance (Overall): 2870/4782

Category: 110/138

Gender (Overall): 110/138

FINISH TIME

Gun Time: 6:31:24

Net Time: 6:08:32

Pace: 8:45

Speed: 6.8

SPLIT TIME

KM5.0: 41:04

KM10.0: 1:19:48

KM15.0: 2:00:42

KM20.0: 2:43:45

KM25.0: 3:27:22

KM30.0: 4:16:43

KM35.0: 5:03:22

KM40.0: 5:47:04



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

