

CERTIFICATE

OF ACHIEVEMENT

Nasir Bin Ishak

BIB NO. C404915

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3953/4782

Category: 3271/3923

Gender (Overall): 3271/3923

FINISH TIME

Gun Time: 7:11:04

Net Time: 6:48:52

Pace: 9:43

Speed: 6.1

SPLIT TIME

KM5.0: 41:45

KM10.0: 1:25:00

KM15.0: 2:11:54

KM20.0: 3:02:27

KM25.0: 3:51:13

KM30.0: 4:42:55

KM35.0: 5:33:40

KM40.0: 6:24:09



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

