

CERTIFICATE

OF ACHIEVEMENT

Foong Zhi Yang

BIB NO. C404963

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3411/4782

Category: 2838/3923

Gender (Overall): 2838/3923

FINISH TIME

Gun Time: 6:52:17

Net Time: 6:28:49

Pace: 9:14

Speed: 6.4

SPLIT TIME

KM5.0: 41:01

KM10.0: 1:19:56

KM15.0: 2:02:39

KM20.0: 2:54:39

KM25.0: 3:40:14

KM30.0: 4:29:50

KM35.0: 5:16:03

KM40.0: 6:03:41



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

