

CERTIFICATE

OF ACHIEVEMENT

Istiqal Bin Supardi

BIB NO. C405012

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4215/4782

Category: 3479/3923

Gender (Overall): 3479/3923

FINISH TIME

Gun Time: 7:20:01

Net Time: 6:57:51

Pace: 9:55

Speed: 6.0

SPLIT TIME

KM5.0: 41:51

KM10.0: 1:25:51

KM15.0: 2:16:32

KM20.0: 3:11:54

KM25.0: 4:04:13

KM30.0: 4:53:27

KM35.0: 5:44:47

KM40.0: 6:32:39



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

