

CERTIFICATE

OF ACHIEVEMENT

Abdul Rahman Bin Mohamad Nazri

BIB NO. C405349

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 408/4782

Category: 343/3923

Gender (Overall): 343/3923

FINISH TIME

Gun Time: 4:15:07

Net Time: 4:10:12

Pace: 5:56

Speed: 10.0

SPLIT TIME

KM5.0: 24:18

KM10.0: 49:57

KM15.0: 1:17:07

KM20.0: 1:46:08

KM25.0: 2:15:10

KM30.0: 2:45:15

KM35.0: 3:20:09

KM40.0: 3:53:00



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

