

CERTIFICATE

OF ACHIEVEMENT

Muhammad Firdauz Mohd Rasid

BIB NO. C405351

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3305/4782

Category: 2754/3923

Gender (Overall): 2754/3923

FINISH TIME

Gun Time: 6:48:48

Net Time: 6:25:43

Pace: 9:10

Speed: 6.5

SPLIT TIME

KM5.0: 36:31

KM10.0: 1:15:53

KM15.0: 2:00:18

KM20.0: 2:45:41

KM25.0: 3:31:06

KM30.0: 4:22:44

KM35.0: 5:12:40

KM40.0: 6:00:01



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

