

CERTIFICATE

OF ACHIEVEMENT

Ho Seow Yen

BIB NO. C405390

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3946/4782

Category: 521/688

Gender (Overall): 521/688

FINISH TIME

Gun Time: 7:10:24

Net Time: 6:48:41

Pace: 9:42

Speed: 6.1

SPLIT TIME

KM5.0: 44:08

KM10.0: 1:30:01

KM15.0: 2:15:59

KM20.0: 3:05:00

KM25.0: 3:50:04

KM30.0: 4:40:14

KM35.0: 5:33:20

KM40.0: 6:23:28



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

