

CERTIFICATE

OF ACHIEVEMENT

Muhammad Waseem Arfan Bin Mohd Nor Rashidi

BIB NO. C405415

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4267/4782

Category: 3522/3923

Gender (Overall): 3522/3923

FINISH TIME

Gun Time: 7:22:15

Net Time: 7:00:18

Pace: 9:59

Speed: 6.0

SPLIT TIME

KM5.0: 43:14

KM10.0: 1:26:32

KM15.0: 2:11:42

KM20.0: 2:57:08

KM25.0: 3:46:56

KM30.0: 4:39:05

KM35.0: 5:34:40

KM40.0: 6:30:24



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

