

CERTIFICATE

OF ACHIEVEMENT

Tong Lean Seng

BIB NO. C405444

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1352/4782

Category: 1136/3923

Gender (Overall): 1136/3923

FINISH TIME

Gun Time: 5:13:04

Net Time: 5:06:50

Pace: 7:17

Speed: 8.2

SPLIT TIME

KM5.0: 31:17

KM10.0: 1:02:29

KM15.0: 1:34:53

KM20.0: 2:07:32

KM25.0: 2:42:01

KM30.0: 3:23:25

KM35.0: 4:04:25

KM40.0: 4:44:34



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

