

CERTIFICATE

OF ACHIEVEMENT

Farah Nini Abdullah

BIB NO. C405533

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 4542/4782

Category: 645/688

Gender (Overall): 645/688

FINISH TIME

Gun Time: 7:31:17

Net Time: 7:08:49

Pace: 10:11

Speed: 5.8

SPLIT TIME

KM5.0: 47:28

KM10.0: 1:36:05

KM15.0: 2:27:34

KM20.0: 3:20:02

KM25.0: 4:10:26

KM30.0: 5:06:23

KM35.0: 5:55:20

KM40.0: 6:42:35



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

