

CERTIFICATE

OF ACHIEVEMENT

Bong Qin Kai

BIB NO. C405559

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 3140/4782

Category: 2617/3923

Gender (Overall): 2617/3923

FINISH TIME

Gun Time: 6:42:15

Net Time: 6:19:55

Pace: 9:01

Speed: 6.6

SPLIT TIME

KM5.0: 37:09

KM10.0: 1:19:03

KM15.0: 1:51:17

KM20.0: 2:31:04

KM25.0: 3:16:57

KM30.0: 4:08:13

KM35.0: 5:00:57

KM40.0: 5:52:12



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

