

CERTIFICATE

OF ACHIEVEMENT

Sazrul Hasif Bin Ruhadi

BIB NO. First Aid 142

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): -1/-1

Category: -1/-1

Gender (Overall): -1/-1

FINISH TIME

Gun Time: 6:29:58

Net Time: 6:29:58

Pace: 9:16

Speed: 6.4

SPLIT TIME

KM5.0:

KM10.0: 1:32:51

KM15.0:

KM20.0:

KM25.0: 3:19:36

KM30.0: 4:17:12

KM35.0: 5:25:34

KM40.0: 6:09:26



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

