

CERTIFICATE

OF ACHIEVEMENT

MUHAMMAD IFFAT BIN MOHAMED BONGSU

BIB NO. A406006

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 533/4782

Category: 450/3923

Gender (Overall): 450/3923

FINISH TIME

Gun Time: 4:26:06

Net Time: 4:20:40

Pace: 6:11

Speed: 9.6

SPLIT TIME

KM5.0: 27:03

KM10.0: 58:05

KM15.0: 1:21:57

KM20.0: 1:50:59

KM25.0: 2:25:07

KM30.0: 2:55:20

KM35.0: 3:30:20

KM40.0: 4:04:51



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

