

CERTIFICATE

OF ACHIEVEMENT

ZOL HELMI BIN MAHAT

BIB NO. A406019

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 2129/4782

Category: 1785/3923

Gender (Overall): 1785/3923

FINISH TIME

Gun Time: 5:46:49

Net Time: 5:41:51

Pace: 8:07

Speed: 7.3

SPLIT TIME

KM5.0: 27:23

KM10.0: 57:51

KM15.0: 1:39:14

KM20.0: 2:29:18

KM25.0: 3:08:24

KM30.0: 4:00:16

KM35.0: 4:43:41

KM40.0: 5:24:42



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

