

CERTIFICATE

OF ACHIEVEMENT

AHMAD MUQARRABIN BIN MOHD NASIR

BIB NO. A406020

CATEGORY 42KM Malaysian

RANKING

Distance (Overall): 1402/4782

Category: 1176/3923

Gender (Overall): 1176/3923

FINISH TIME

Gun Time: 5:15:02

Net Time: 5:10:06

Pace: 7:22

Speed: 8.1

SPLIT TIME

KM5.0: 24:30

KM10.0: 50:00

KM15.0: 1:16:48

KM20.0: 1:49:55

KM25.0: 2:25:59

KM30.0: 3:07:51

KM35.0: 4:06:50

KM40.0: 4:53:25



Patricia Tan

CEO OF SCORE Sports
Management Sdn Bhd

