MALAYSIA MARATHON 2026

10KM

CERTIFICATE OF ACHIEVEMENT

This certificate is awarded to

Name:

MOHAMAD HELMI AHMAD ABU NAWAS

Bib No: 13739

Category: 10KM Malaysian Men Open

for successfully completing the

MALAYSIA MARATHON

RANKING

Distance (Overall)	Gender (Overall)	Category
3328/3661	1627/1715	1193/1261

FINISH TIME

Gun Time	Chip Time	Speed	Pace
2:16:25	1:55:54	5.3	11:17

SPLIT TIME

KM2.0	KM3.3	KM5.0	KM7.3	KM10.0
20:30	32:19	52:14	1:22:36	1:47:06

YB DATO SRI TIONG KING SING

MINISTER OF TOURISM, ARTS AND CULTURE IN MALAYSIA

Visit Malaysia 2026-2027 Truly Asia

TOURISM MALAYSIA

AIMS